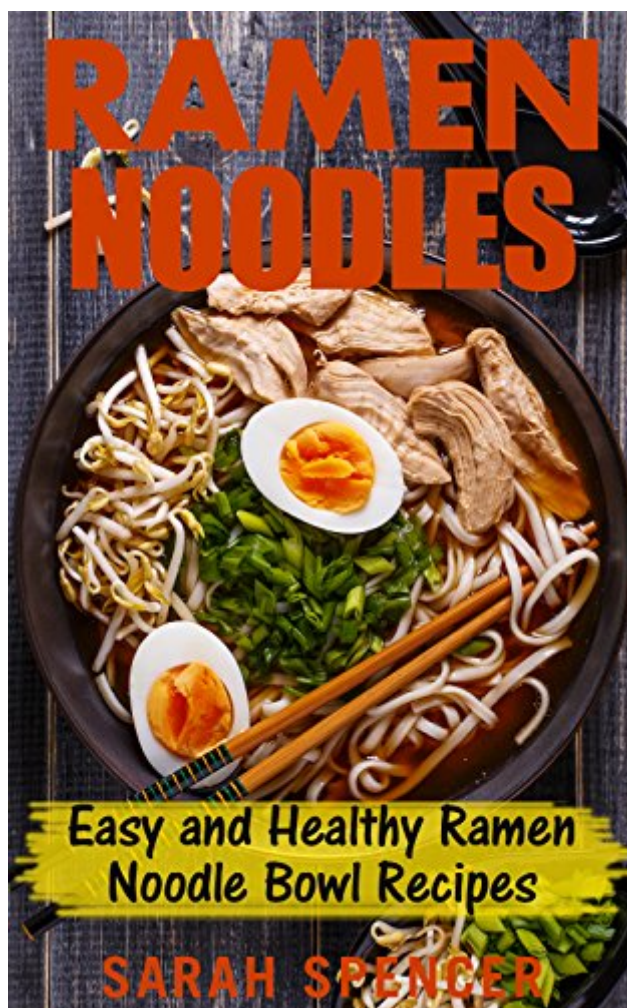


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Ramen Noodles: Easy And Healthy Ramen Noodle Bowl Recipes



Synopsis

Prepare authentic Japanese ramen bowls! They are easy to make and delicious! These one -pot meals that the whole family will enjoy, have endless variety and possible combinations that will satisfy even the pickiest eaters!Download FREE with Kindle Unlimited! Ramen has become one of the most iconic Japanese dishes today, right next to sushi. We all know the quick and convenient instant ramen from our college days, but what I am talking about is authentic ramen. It consists of a broth cooked for hours to perfection, a slurpy, the delicious handmade noodles, and the assortment of toppings such as savory pork slices, a variety of vegetables, soft-boiled eggs, scallions, to name only a few. This book aims to provide you with numerous delicious ramen recipes, as well as all the necessary information for making ramen meals. Inside, you'll find:

- A brief history of ramen
- Common ramen ingredients and cooking tools for its preparation
- Basic ramen recipes like the Traditional Miso Ramen and the Savory Shoyu Ramen
- Wholesome chicken recipes such as the Healthy 30-minute Chicken Ramen and the Grilled Chicken Ramen Spiced with Japanese Chili Pepper
- Satisfying pork recipes like the Pork and Mushroom Ramen and the Slow Cooker Tonkotsu Ramen
- Nutritious beef recipes like the Easy Beef Sausage Ramen and the Simple Beef Ramen Bowl
- Delightful seafood recipes like the Thai Shrimp Ramen Bowl and the Flathead Fish Ramen
- Vegetarian recipes like the Super Quick and Easy 6-minute Ramen Salad and the Simple Vegan Ramen
- Cold ramen noodle recipes like the Cold Vegetable Ramen with a Soft-Boiled Egg
- Spicy ramen noodle bowl recipes such as the Chili Chicken Ramen and the Extra Spicy Tofu and Garlic Ramen
- Fried ramen noodle recipes like the Stir-Fried Pork and Vegetables Ramen and the Japanese-inspired Ramen Pad Thai
- Specialty ramen recipes such as the Leftover Holiday Turkey Ramen and the Broccoli and Cheese Ramen

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